

**BOARD OF SUBSTANCE ABUSE AND MENTAL HEALTH**  
**Meeting of May 16, 2006**  
**Yarrow Hotel and Conference Center**  
**Park City, Utah**

**Attended:**

**Board Members:**

Dr. James Ashworth, Chair  
 Dr. Michael Crookston, Vice-Chair  
 Darryl Wagner  
 Nora B Stephens  
 Paula Bell

**Excused:**

Joleen Meredith

**Staff:**

Mark Payne  
 Victoria Delheimer  
 Dallas Earnshaw  
 Jan Fryer

**Guests:**

Robert Hall  
 Ron Perry  
 Kyle Snow  
 Linda Olsen

Sherri Wittwer  
 Jenny Pinter  
 Diane Sutton  
 Julia Reiland

Debra Falvo  
 Merrilee Buchanan  
 Jack Tanner

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Welcome & Introductions	Dr. Ashworth called the meeting to order and welcome those in attendance.	
Approval of March 28, 2006 Meeting Minutes		Nora B moved that the minutes of the March 28th Board meeting be approved as written. Motion seconded by Paula and approved unanimously.
Presentations	<p>Dr. Ashworth reported that the Board has scheduled Board meetings in outlying areas of the state to learn and understand the challenges and the successes that exist in other areas and to get acquainted with key staff and local authorities and determine if there are ways in which the Board can assist. He noted that because this meeting is in Park City in conjunction with the Spring Mental Health Conference, the Board invited Heber Valley Counseling, Summit County and Northeastern Counseling to present to the Board.</p> <p><b>Presentation by Heber Valley Counseling.</b> Jenny Pinter, Heber Valley Counseling provided detailed information on the agency, its mission, services provided, new developments and programs, and some of the limitations and challenges that Heber Valley Counseling faces. Noted areas of concern include, 1) the explosive growth in Wasatch County and the fact that funding has not kept up with the increase in population, 2) there is only one State Hospital bed allocated for Summit County which has a population of 20,000, and 3) the limited availability of doctors. Noted strengths include, 1) a committed and dedicated staff that functions as a team to accommodate the needs of the client, and 2) excellent staff/client relationships are developed and client issues are realized and understood.</p>	

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Presentations (continued)	<p><b>Presentation by Northeastern Counseling.</b> Robert Hall presented a PowerPoint, which provided an overview of the center, and the services that are provided. Major areas of concern noted include, 1) the days of Medicaid capitation funding Utah's mental health system are over, 2) funding must be allocated for mandated services, 3) rural conditions are different and at times, significantly more costly, 4) funding formula needs to be revised to be more equitable in rural areas, 5) expand drug court into Duchesne County, 6) prevention funding, 7) stability of the ARTC Program at the State Hospital, and 8) continued capacity growth at the State Hospital. Following the presentation, there was discussion on the acute care beds at the State Hospital that are currently available to Northeastern Counseling and three other rural centers. Ron Perry, Director of Northeastern Counseling emphasized the importance of continued funding for these beds. It was mentioned that there is a need for increased acute care beds to utilize the space that already exists at the State Hospital; however, it was noted that there is an IMD (Institute for Mental Disease) exclusion for Medicaid that needs to be addressed as well as issues with the lack of available funding. The idea of pursuing a possible waiver to deal with the Medicaid exclusion issue was suggested, and Ron Perry indicated that this might be an area in which the Board could be of support. Dr. Ashworth expressed his support of this idea.</p> <p><b>Presentation by Summit County.</b> Debra Falvo from Valley Mental Health distributed handouts and provided an overview of the services provided in Summit County. Issues and challenges presented for Summit County include, 1) the different cultural communities that exist in the Park City area of Summit County, 2) the difficulties with children in the school system who struggle with the diverse cultural communities, 3) high housing costs, 4) interpreter needs, 5) difficulties in hiring support staff because of the county's high economy and, 6) the lack of doctors that live in the County, therefore, Summit County must pay for their travel. Debra distributed a packet of information to the Board, which contained information on the center's mission, beliefs about their service delivery system, budget information and breakdown of the funding sources. She also distributed a revised copy of the area plan for Summit County. Debra introduced Marilee Buchanan, Area Director for the Summit County and turned the time over to Marilee who presented detailed information to the Board on the service delivery system in Summit County.</p>	Board members expressed their thanks and appreciation to the three areas for taking the time to attend the Board meeting and present information on their respective areas. The three areas were commented for their innovative and creative ideas in spite of the decreased funding that is available.
"On-Premise" Alcohol Training and Education Seminar Rules (R523-23)	Victoria Delheimer reported that "On-Premise" has been added to the Alcohol Training and Education Seminar Rule to differentiate the Rule from the new EASY (Eliminate Alcohol Sales to Youth) legislation. She reported that the "On-Premise" rule stipulated that there must be rehearsal and practice of techniques for dealing with the problem customer. She indicated that this section of the Rule was modified to require that the training must occur using face-to-face role-play, and therefore will eliminate Web-based training. This modification was supported by the Board through a motion made at their February meeting to eliminate on-line trainings because they do not meet the criteria as stated in the Rule.	FYI.

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“Off-Premise” Retailer Alcohol Training and Education Seminar Rule	Victoria then discussed the “Off-Premise” rule that was drafted as a result of the EASY legislation passed during the 2006 Legislative Session and to become effective July 1, 2006. She indicated that this Rule was written similar to the “On-Premise” Rule and that both rules were widely circulated for review and any recommended revisions. Based on the feedback received, revisions were made and agreed upon. However, Victoria reported that there now appears to be issues and concerns coming from the Utah Food Industry Association relative to the “Off-Premise” Rule. She asked for direction from the Board on how to proceed relative to the concerns submitted, and the Board requested that Victoria review the high points and fundamental concepts of the recommendations made. Based on this request, Victoria then reviewed this information with the Board.	The Board recommended that Victoria re-word the rule based on the reported recommended changes and the feedback received by the Board. The revised draft will be sent out to the Rules Committee and the Board for final feedback via e-mail, due to the tight timeframes involved. The Rule will then go out for a 30-day public comment period, and if there is enough public comment and/or concerns, a legislative hearing could be scheduled
Treatment needs Survey Update	Victoria discussed the sample fact sheets on the Substance Abuse 2005 Treatment Needs Survey that were provided to the Board. She noted that the survey has been completed and the data is currently being analyzed and compiled and fact sheets will then be finalized.	Board members requested that a more in-depth presentation be provided once the information is finalized.
Outcome measure (OQ/YOQ)	Mark referred to two articles distributed to the Board relative to Utah’s efforts to implement the OQ/YOQ outcome tracking measure. The first was an article in the Mental Health Weekly, which is a national publication and following that, a story ran in the Salt Lake Tribune. Mark reported that OQ/YOQ will be used on the mental health side and also the substance abuse side and will be a good indicator across both areas for people with co-occurring disorders.	FYI.
SARA Update	Mark reported that a meeting was held for those who are involved with the Substance Abuse Recovery Alliance of Utah (SARA). A portion of the meeting was spent to identify those interested in serving on the Board for SARA. A panel of individuals will be identified to select the makeup of the Board, and the Board will then meet to select an Executive Director. The Robert Woods Foundation provided training during the meeting. Mark expressed his appreciation to Victoria Delheimer and Brent Kelsey for their efforts in getting this important organization established.	FYI.
UBHN Report	<p>Jack Tanner reported that the Future’s Project is complete and will be presented to the UBHN Board of Directors for their approval. Jack expressed appreciation to Mark and the Division staff, the DHS Executive Director’s Office and the State Office of Health Care Financing for their involvement with this initiative. He reported that there is an expectation that each of the UBHN Directors will take a resolution of endorsement to their Board and county officials. Jack indicated that the report outlines the basis for which funding proposals will be made, and that a consultant that has experience in working with other states in developing transformation plans has been identified, to help cost out some of the proposals that will be necessary.</p> <p>Jack also reported on the Network of Care and indicated that a date has not yet been scheduled for its unveiling, however, there will be a major public relations effort in getting the word out once the date has been identified. A major component still needing work is the resource directory and what services are available through those areas served by the centers.</p>	FYI.

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Utah State Hospital	<p>Dallas Earnshaw updated the Board on the 30-bed supplemental building block that was received and reported that based on the proposal to the department relative to the nursing shortage, the Hospital has been somewhat successful in recruiting almost half of the nursing positions. He noted that part of the plan was the retention of the nurses and to this point only two nurses have been lost; if no other nurses leave, it is possible that the unit will open in the next three to four weeks. He reported that the Hospital is still down 16 nursing positions.</p> <p>Dallas discussed issues with forensic beds and those individuals who are found not competent and are waiting in jails. He reported that the waiting list is currently at ten and another letter will be sent to the judges explaining the situation. Dallas indicated that future planning for the State Hospital would include a request for the additional 100-bed expansion for the Forensic Unit to be built. Dallas mentioned that the next facility in the Hospital's master plan was the pediatric building and to consolidate the pediatric services into a better facility. However, if the Hospital does not get additional forensic beds, there will likely be legal issues for the state; therefore, the Hospital will be looking at funding requests for both of these projects.</p> <p>Dallas report that the warehouse construction project has been delayed three to four weeks due to some inspection problems in the parking lot. A new sewer line is being put in on Center Street. A museum at the State Hospital is also being put together that will display Hospital relics.</p>	FYI.
June Board Meeting	The Board discussed the June meeting originally scheduled for June 20 <sup>th</sup> in the Four Corners areas.	The Board agreed to reschedule this meeting to June 29 <sup>th</sup> due to scheduling conflicts with the 20 <sup>th</sup> . Jan will contact Bob Greenberg regarding this change and pending his approval, the Board will meet in Moab and will also invite San Juan Counseling Services to present to the Board.
Adjourn		Nora moved that the meeting be adjourned. Motion seconded by Paula and approved unanimously.